

# IT DOESN'T HAPPEN OVERNIGHT

**The 3/3/3 rule is a general guideline for the adjustment period of a pet after adoptions. Every pet is unique and will adjust differently. Please have patients and allow your new pet time to settle in.**

## **3 DAYS TO DECOMPRESS**



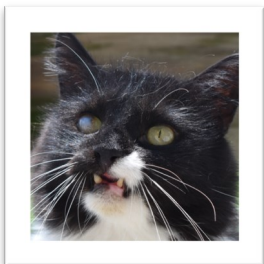
- ◆ Feeling overwhelmed
- ◆ May feel scared or unsure of what's going on
- ◆ Not yet comfortable to be themselves
- ◆ May not want to eat or drink
- ◆ Shuts down and/or hides under furniture
- ◆ Tests the boundaries

## **3 WEEKS TO LEARN YOUR ROUTINE**



- ◆ Starts settling in
- ◆ Feels more comfortable
- ◆ Realizes this could be their forever home
- ◆ Figures out their environment
- ◆ Gets into a routine
- ◆ Let's their guard down, beginning to show their personality
- ◆ Behavior issues may appear

## **3 MONTHS TO START TO FEEL AT HOME**



- ◆ Finally feels completely comfortable in their home
- ◆ Begins to build trust and a true bond
- ◆ Gains a complete sense of security with his new family
- ◆ Sets into a routine